

THE BIRLAITES EXPRESS

INTRA CLASS PLAY DOUGH COMPETITION

A lively Intra-Class Competition was held for Nursery students on 6 October 2025, turning the classroom into a hub of colour and creativity. With great enthusiasm, children moulded flowers, animals, fruits, and shapes, strengthening their fine motor skills and imagination. The hands-on activity encouraged self-expression and joyful learning, filling the room with laughter and excitement. Every participant was appreciated, making it a delightful and memorable experience for the little ones.



GANDHI JAYANTI

Gandhi Jayanti was celebrated on 1 October 2025 with great enthusiasm as students across grades participated in meaningful and creative activities inspired by Gandhiji's values. From charkha spinning in Nursery to poem recitations, crafts, and storytelling in higher classes, each activity reflected the spirit of truth, peace, and non-violence. Engaging highlights included tricolour art, puppet-making, and Swachh Bharat initiatives, making the celebration both educational and inspiring for all.

DUSSEHRA

Dussehra was celebrated with vibrant enthusiasm as students brought the festive spirit to life through creativity and performances. Primary students decorated and later burnt effigies of Ravana, Kumbhakaran, and Meghanath, symbolising the triumph of good over evil. Pre-primary students charmed everyone by dressing up as Ramayan characters, while Nursery to Grade II showcased their imagination through doodle art and festive greeting cards. The celebration was joyful, colourful, and rich in cultural learning.



INTER-HOUSE BOOK REVIEW COMPETITION

An Inter-House Book Review Competition for Classes 3 to 5 was held on 14 October 2025 to nurture a love for reading and sharpen critical thinking skills. Students from all four houses participated enthusiastically, confidently sharing their insights on a variety of books. Their thoughtful reviews reflected imagination, comprehension, and originality. The event proved to be an engaging platform that encouraged young readers to explore literature and express their ideas with confidence.



INTRA CLASS Pictionary COMPETITION

An Intra-Class Pictionary Competition was organised for Prep students, creating a fun and interactive learning experience. Divided into teams, students took turns drawing words while others guessed, using themes like animals, fruits, and everyday objects. The classroom buzzed with laughter and excitement as children showcased creativity and quick thinking. The activity enhanced drawing skills, vocabulary, communication, and teamwork, making it an engaging and memorable experience for all participants.

INTER-HOUSE COASTER MAKING WITH MANDALA ART COMPETITION



An Inter-House Coaster Making Competition with Mandala Art was held on 13 October 2025 for students of Classes IX-XII. The event provided a vibrant platform for students to showcase creativity, precision, and artistic flair through intricate mandala designs. Participants transformed simple coasters into stunning works of art, displaying remarkable imagination and attention to detail. The competition celebrated artistic expression while encouraging focus, patience, and aesthetic appreciation.



World Mental Health Day was observed on 10th October 2025 with great enthusiasm to promote awareness about mental health, emotional well-being, and the importance of seeking help. Students across all grades participated in age-appropriate activities that created a supportive and inclusive atmosphere. Senior students (Classes IX-XII) organised interactive awareness stalls such as movie character analysis, gratitude tree, mindfulness techniques, anonymous letters, mandala art, and stress-relief activities, encouraging empathy and self-reflection.

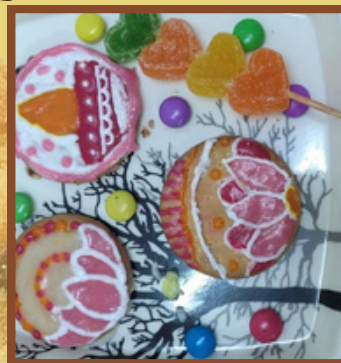
WORLD MENTAL HEALTH DAY

Middle school students marked the day through a special assembly featuring a mime on gaming addiction and the importance of consulting a psychologist, followed by stretching exercises. Junior students engaged in activities like the Feeling-O-Meter and Happiness Box to understand and express emotions. The celebration proved to be meaningful and impactful, reinforcing the importance of mental well-being for all.



INTER-HOUSE COOKIES DECORATION COMPETITION

An Inter-House Cookies Decoration Competition was held on 13 October 2025 for students of Classes VI-VIII, turning classrooms into hubs of colour and creativity. Teams from all houses competed across Festive, Nature, and Patriotic themes, decorating cookies within 45 minutes using icing, chocolates, fruits, and sprinkles. Judged on originality, presentation, and teamwork, the event blended culinary art with collaboration, leaving students energised and applauded for their innovation and spirit.



दीपावली

Diwali was celebrated with great joy and festive spirit as students of Classes I to V lit up the occasion with soulful bhajans, vibrant dance performances, and a captivating play from the Ramayana depicting Lord Rama's return to Ayodhya. The performances beautifully conveyed the message of light triumphing over darkness, filling the atmosphere with cheer and devotion.

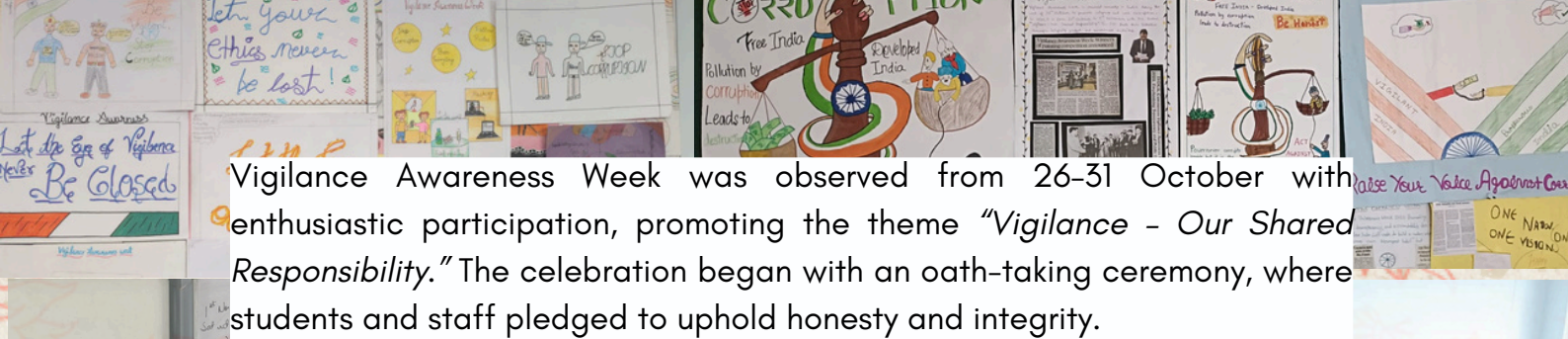
Pre-primary students added charm to the celebration through engaging activities like diya decoration, play dough Diwali platters, and bandhanwar making, showcasing their creativity and excitement. The Diwali celebration concluded with a serene Pooja conducted by the staff and Student Council, spreading prayers for peace, prosperity, and positivity while encouraging eco-friendly celebrations.



INTRA CLASS SHOW AND TELL COMPETITION

The Show-and-Tell activity for KG students on 28 October 2025, based on the theme "*The Place That Makes Me Happy*," was a heartwarming celebration of expression and imagination. From mumma's kitchen and park swings to schools, pooja rooms, and favourite travel spots, children shared their special places through drawings, photos, and cheerful storytelling. Their giggles and confidence lit up the classroom, making the activity a joyful and memorable experience for all.





Vigilance Awareness Week was observed from 26-31 October with enthusiastic participation, promoting the theme “Vigilance - Our Shared Responsibility.” The celebration began with an oath-taking ceremony, where students and staff pledged to uphold honesty and integrity.

VIGILANCE AWARENESS WEEK

An informative assembly on cyber security highlighted ethical behaviour in the digital age, while activities like poster and collage making encouraged creative expression. The week reinforced the importance of accountability, transparency, and collective responsibility in building a value-driven society.



NATIONAL UNITY DAY

On October 31, 2025, a vibrant rally marked National Unity Day, celebrating the birth anniversary of Sardar Vallabhbhai Patel. Students of Classes 6-8 participated enthusiastically, joined by NCC Army and Naval cadets carrying placards with powerful unity slogans. The event featured a solemn unity pledge, reinforcing commitment to national integration. The rally created a spirited atmosphere, spreading awareness and patriotism while leaving participants inspired by the values of unity and collective strength.



INTRA CLASS FLORAL FANTASY (FANCY DRESS) COMPETITION



The Nursery students participated enthusiastically in the *Floral Fantasy Dress Competition* held on 31 October 2025, celebrating nature's beauty through creativity. Dressed as flowers, butterflies, the sun, bees, trees, and clouds, the children looked vibrant and confident. Each participant walked the stage, introduced themselves, and spoke a few lines about their costume. Their cheerful presence filled the event with joy, while the activity beautifully encouraged confidence, self-expression, and stage skills.

INTRA CLASS COLLAGE MAKING COMPETITION

The Kindergarten department organised an Intra-Class Collage Making Competition on the theme "Seasons," where students enthusiastically created colourful artworks using paper cuttings, pictures, and craft materials. The activity encouraged creativity, imagination, and fine motor skills as children expressed their ideas with confidence. Judged on neatness, theme relevance, and presentation, the event saw wonderful participation. It was a joyful and engaging experience that allowed young learners to showcase their artistic abilities.



INTRA CLASS THUMBELINA PUPPET MAKING COMPETITION

The Intra-Class Thumbelina Puppet Making Competition for Prep students, held on 7 November 2025, was a delightful display of creativity and imagination. Students enthusiastically crafted charming paper puppets using coloured paper, yarn, googly eyes, and glitter. The hands-on activity encouraged artistic expression while developing hand-eye coordination and presentation skills. The vibrant creations reflected the enthusiasm of the young learners, making the event a joyful and successful experience for all.



INTER HOUSE MANDALA PAINTING COMPETITION

The Inter-House Mandala Painting Competition for Classes III-V, held on 10 November 2025, beautifully blended creativity with mindfulness. Students enthusiastically explored the intricate art of mandalas, creating vibrant and detailed patterns with focus and precision. The activity introduced them to this unique art form while encouraging patience and artistic expression. The event was thoroughly enjoyed by all, making it a calm, engaging, and enriching experience for young learners.



Children's Day was celebrated on 14 November 2025 with great enthusiasm, joy, and a heartfelt tribute to the spirit of childhood. A special assembly was organised to make every student feel valued, appreciated, and cherished, setting a warm and festive tone for the day. The atmosphere was filled with excitement as students gathered to enjoy a celebration dedicated entirely to them. The highlight of the event was the delightful cultural programme presented by the teachers, who surprised the students with melodious songs, energetic dance performances, and light-hearted skits. Their performances were met with loud applause, laughter, and cheers, creating unforgettable moments and strengthening the bond between teachers and students. The celebration concluded on an inspiring note with warm wishes from the Principal, encouraging students to dream fearlessly, stay curious, and embrace happiness in every step of their journey.

INTRA CLASS SCHOOL BAG DESIGNING COMPETITION



An Intra-Class School Bag Designing Competition was held on 9 November 2025 for Classes I and II, encouraging creativity and imagination. Students enthusiastically designed colourful school bags using crayons, sketch pens, and craft materials, showcasing patterns, cartoons, and innovative ideas. Judged on creativity, neatness, and presentation, the activity promoted fine motor skills and artistic expression. The joyful event celebrated young talent, making it a fun and enriching learning experience for all.

INTRA CLASS PATTERN MAKING COMPETITION

An Intra-Class Pattern Making Competition was conducted for Nursery students to enhance observation skills, creativity, and hand-eye coordination. Children enthusiastically created colourful patterns using glasses of different sizes, exploring sequences and repetition through hands-on learning. The activity was both fun and engaging, encouraging young learners to think creatively and express themselves freely. Their enthusiasm and innovative ideas made the event a delightful and enriching experience for all.



INTER HOUSE STAND-UP COMEDY COMPETITION

An entertaining Inter-House Stand-up Comedy Competition was held on 18 November 2025, featuring three participants from each house. Students showcased their comedic flair with witty jokes on everyday life, school experiences, and current trends. Their confident delivery and sharp timing kept the audience engaged, as laughter echoed throughout the venue. The event created a lively and cheerful atmosphere, celebrating humour, creativity, and the joy of performance.



SPORTS DAY



The 23rd Annual Sports Meet commenced on November 25, 2025, celebrating athleticism, teamwork, and spirited enthusiasm. The event opened with a disciplined march-past by the four houses, accompanied by the school band, followed by a torch relay symbolising unity and perseverance. The sports flame was lit, and participants took an oath upholding sportsmanship. Thrilling finals of major track events and vibrant displays of yoga, lezim, and drills highlighted the day.

The meet concluded on November 28 with a grand Beating Retreat Ceremony graced by distinguished guests. Spectacular performances, including synchronized drills and a tribute through Vande Mataram, added grandeur to the event. Awards recognised excellence across categories, with Gulmohar House winning the Best House Trophy, bringing the celebrations to a proud and memorable close.



INTRA CLASS POPSICLE STICK BRIDGE BUILDING

An Intra-Class Popsicle Stick Bridge Building Competition for Prep students was a fun and hands-on learning experience. Children enthusiastically built bridges using popsicle sticks, exploring simple concepts of balance and structure. With guidance, they created sturdy and creative designs, later enjoying driving toy cars across them. The activity encouraged creativity, fine motor skills, and problem-solving, making it an exciting and engaging experience that sparked curiosity and innovation among young learners.



CONSTITUTION DAY

The 76th Constitution Day was celebrated with enthusiasm and patriotic spirit as students from Classes VI-XII and NCC cadets actively participated in meaningful activities. They shared thoughtful reflections on fundamental rights and duties, created artistic Preamble pledges, and joined in a collective reading of the Preamble. The celebration deepened their understanding of constitutional values and inspired a sense of responsibility towards upholding justice, equality, and unity.



INTRA CLASS VEGETABLE PRINTING COMPETITION

An exciting Intra-Class Vegetable Printing Competition for Classes I and II was held on 4 December 2025 on the theme "*Christmas*." Students enthusiastically used vegetables like potato, ladyfinger, capsicum, and carrot to create festive prints of trees, stars, bells, and wreaths. The classrooms buzzed with joy as children explored colours and patterns. The activity encouraged creativity, imagination, and fine motor skills, making it a fun and engaging artistic experience for all.



HUMAN RIGHTS DAY

Human Rights Day was celebrated with great enthusiasm, highlighting awareness and responsibility among students. The event featured an inspiring talk by esteemed alumna Advocate Manaswita Nakwaal, who spoke about the relevance of human rights in today's society. This was followed by an engaging quiz for Classes VI-IX, where students showcased their knowledge and understanding. The celebration encouraged students to stay informed, responsible, and committed to upholding rights and values in everyday life.

INTRA CLASS ORIGAMI PAPER FOLDING COMPETITION

The Intra-Class Origami Competition for KG students on 12 December 2025 was a delightful display of creativity and skill. Young learners transformed simple sheets of paper into charming animals, colourful flowers, and imaginative shapes with great enthusiasm. Their careful folds and vibrant ideas reflected patience and artistic flair. The activity was both fun and enriching, encouraging fine motor skills, concentration, and joyful expression among the little artists.



INTER HOUSE MUFFIN DECORATION COMPETITION

The Inter-House Muffin Decoration Competition for Classes III-V, held on 24 December 2025, was a delightful blend of creativity and teamwork. Students enthusiastically decorated muffins using colourful toppings, showcasing imagination and aesthetic sense. The vibrant creations added a festive charm to the event, while encouraging collaboration and hands-on learning. The competition provided a joyful platform for young learners, making it an engaging and memorable experience for all participants.



SCHOOL FETE

The Winter Carnival at Rukmani Birla Modern High School on 20 December 2025, organised by Rajoria Tents and Events, was a lively and community-building event. Winter-themed decorations, vibrant stalls, and thrilling rides added to the festive spirit, while the Request Stall energized the audience. The participation of underprivileged children highlighted the school's inclusive values. The carnival concluded with the Lucky Draw, announced by the Principal, Dr Anjana Kumar and was made possible by the collective efforts of all involved.



INTER HOUSE SCULPTURE MAKING COMPETITION

The Inter-House Sculpture Making Competition for Grades VI-VIII, held on 22 December 2025, showcased vibrant creativity and artistic talent. Students crafted imaginative sculptures using air-dry clay, bringing characters like Harry Potter, Frozen sisters, Little Krishna, and Santa Claus to life. The colourful creations reflected skill, innovation, and attention to detail. The event inspired young artists to explore their creativity, and their efforts were appreciated, making it an engaging and memorable experience.



INTER HOUSE CHRISTMAS TREE DECORATION COMPETITION

To spread the festive cheer of Christmas, an Inter-House Christmas Tree Decoration Competition for Classes IX-XII was held on 18 December 2025. Students from all four houses participated enthusiastically, creating imaginative DIY Christmas trees based on the theme of Christmas using innovative and eco-friendly materials. The vibrant displays filled the campus with joy, warmth, and holiday spirit, while also promoting creativity, teamwork, and sustainable artistic expression.

CHRISTMAS



The spirit of Christmas filled the campus with joy and excitement as students celebrated the festive season with enthusiasm. Santa Claus spread cheer by distributing gifts, bringing smiles to every face. The little ones sang heartwarming carols and danced to festive tunes, creating a lively and magical atmosphere. The celebration was a delightful blend of music, joy, and togetherness, making it a truly memorable experience for all.





The farewell for the Batch of 2025-26, themed *Zindagi Na Milegi Dobara*, was a perfect blend of joy and emotion. Seniors dressed in elegant Indian traditional attire danced their way to the auditorium in a vibrant procession celebrating every moment. Their stage performances evoked memories, friendship and a spirit of living life to the fullest. The Grade 11 students put together a touching program of music, dance and poetry to wish the seniors well in their journey ahead. The night ended on a high note, with smiles and teary eyes, truly embodying the theme – cherish every moment, life doesn't come twice.





WRITER'S CORNER



THE FLYING BIRD

Oh her beautiful wings
With which she flies
Oh how gorgeous her eyes
In which all thy beauty lies

Oh how soothing her voice
Chirping through those cold mornings
Oh how she soothes us
As those flowers within us be blooming

Oh how she brings warmth
Warmth within our dear hearts
Oh how loving she is
Blooming our hearts before the day starts
VATSAL CHANDANI, 8-A

BOOK REVIEW: KAIZEN By SARAH HARVEY

Sarah Harvey's Kaizen, is a self-help book based on the Japanese method for transforming habits by taking one step at a time. Kaizen: a Japanese noun that means improvement, is usually credited for the enormous success of Japanese companies. Harvey, herself being an English author, describes the Kaizen philosophy as "East meets West". She quit her job in London and moved to Japan for good. There she experienced the benefits of Kaizen and was able to present the philosophy in a pragmatic and intriguing manner.

The book encapsulates the practice of constant improvement through small steps towards your goal. Achieving something doesn't happen overnight, it comes through consistent improvement and discipline. Harvey provides numerous techniques on how to practice Kaizen in different aspects of life like health, relationships, money, home, and work. She used practical examples and Kaizen steps for each one of them. Furthermore, the author highlights the concepts such as Uchi-Soto which provides a sneak peek into Japanese social interactions.

One of the best things about the book is its non-sequential structure, that allows the readers to start reading whichever chapter suits them. Another advantage that this book possesses is the mention of real-life examples with workable solutions. This book is must read for anyone who is interested in Japanese culture or wants to transform their lives through constant improvement.

SANYAMITA NAHAR, 11-B

The Classroom Within: How Education Rebuilds the World

At a quiet railway station in Rajasthan, Swami Vivekananda once spent three days answering people's questions without pausing to eat. It was only a poor cobbler, someone society labelled "low caste", who finally noticed his exhaustion and offered him freshly baked bread, despite fearing punishment for doing so. Vivekananda accepted it with gratitude, later reminding those who objected that compassion, not caste, reveals the true measure of a person. This story serves as a powerful reminder that education begins exactly where we are, and its purpose is to strengthen us from within rather than measure us from outside. Vivekananda's statement that "Education is the manifestation of the perfection already in man" shifts the focus from textbooks to transformation. Education, then, becomes the process of awakening what already lies dormant within us: strength, conscience, curiosity, and compassion. It teaches us how to think, not what to think. It is an inward journey that shapes how we think, act, and build the world around us. For Swami Vivekananda, education was never a privilege for a select few; it was a lifeline meant for everyone. And even today, when opportunities are still unequal, his words remind us that education must stay a tool of empowerment, not exclusion. After all, society is only a larger reflection of the people within it: when minds are fearful, society becomes restrictive, but when minds are enlightened, society is liberating. When knowledge is accessible, it becomes a source of dignity. It gives people the courage to question the roles placed on them and to rewrite their own stories.

In this way, education is more than learning; it is reclamation and empowerment. But for Swami Vivekananda, education meant more than just access; it meant balance. He did not want education to produce sharp minds with hollow hearts, nor gentle souls too fragile to face the world. He imagined a kind of learning that builds clear thinking and steady moral courage at the same time. Today, this harmony feels essential. A society rooted only in ambition becomes harsh, and a society rooted only in sentiment becomes fragile. True education must give us intellect as well as integrity, so that we become individuals capable of uplifting something bigger than our own lives. In the end, the relationship between education and society is more than an exchange; it is part of a larger human journey. Society shapes the learner, and the learner, in turn, shapes the society they inherit. My own view aligns with Vivekananda's belief that real change begins with transforming the individual. When we invest in meaningful education — the kind that builds character and awakens purpose — we take part in something larger than ourselves. We support a slow but powerful evolution in which each enlightened mind becomes a light for many. And perhaps this is the deepest truth: through education, we are not just shaping better people or better societies; we are contributing to the ongoing evolution of humanity itself.

Midnight hues

'Once the clock ticked night,
And my heart slowed to match the fuss,
The room faded into tranquil laze,
Helpless my sleep,
slowly came treed.
But I couldn't sleep, my eyes were wide shut;
My soul was rested suddenly too well,
Heart bounding in my wrist,
Head wrapped in endless thoughts.
About the days, years ago.
The memories come flooding.
About the laughs and cries, they go,
From the streams of memories, I row.
And amidst the clouds of hazy stories,
O' i see your fair face,
Your eyes are soft, your lips fold,
Into stories that we,
Have never told.
Though you're not here again,
This night so long astray,
I wish i could see you the last time,
But i will meet you again,
In the forests and in the rain.'

- ABHILASHA MEENA, 10 D

-AADHYA GOYAL, 11 E

ARTIST CORNER



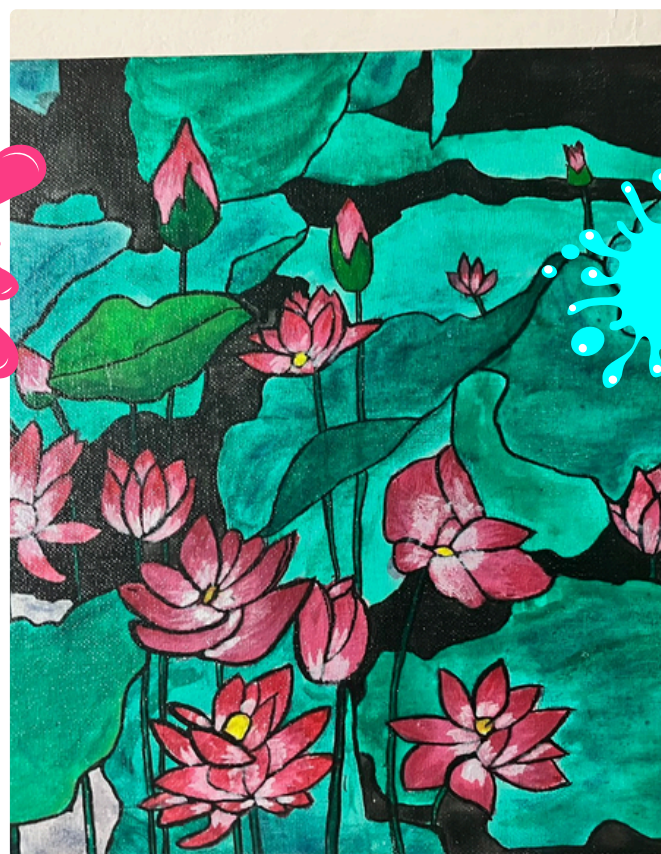
-PRISHA VYAS



AMEYA AGRAWAL



SARANG KHANDELWAL



-AADHYA GOYAL

EDITORS NOTE

Short reads, big thoughts, and a bit of fun in between! Dear Readers, thank you for taking a moment to read The Birlaites Express! Each edition highlights the fun, friendships, learning and the joy of school. A great job to all our young writers and artists. We look forward to seeing more of your entries. We hope you enjoyed reading it. Your enthusiasm keeps our spirit of writing and expressing alive

OUR PATRON

Madam Principal, Dr. Anjana Kumar



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